2022 HEALTHCARE SURVEY / UNITED STATES

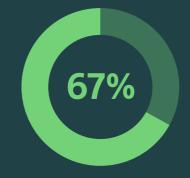
Interest in remote health monitoring devices for chronic condition management is high

Chronic conditions cost the U.S. healthcare system \$3.7 trillion dollars per year.

INTEREST VS. CURRENT SITUATION

Increased demand

of people managing chronic conditions would wear a specialized remote health monitoring device if their doctor provided one, (compared to 75% in 2020).



Two-thirds of patients with chronic conditions would feel safer with a specialized remote monitoring device.

60%

would at least be somewhat willing to switch doctors if their doctor did not provide them with a device designed to help them manage their chronic condition.



Approximately one out of every six (16%) indicated they would be very likely to switch doctors

Few have a specialized wearable today

Nearly half still do not trust wearable devices not specifically designed for healthcare.



Only 26% have been provided a remote health monitoring device by their doctors compared to 20% in 2020.



Consumer appetite for remote monitoring technology specifically designed for managing chronic health conditions is high.

IMPACT

Stress and struggle to track vitals



30% (2020)



65% (2022)

65% find it stressful to continually track and share health information and measurements (2020, 30%).

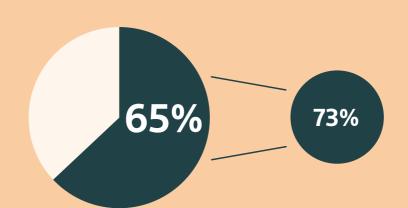


68% note that managing their condition has created a reasonable negative impact on their well-being, with nearly half of that group (31% overall) noting the negative impact as "significant" or "severe."

Increased worries due to the pandemic

A majority of **62%** are still worried about the impacts of COVID-19 and would prefer not to physically visit a doctor's office.

65% say they worry about missing a vital sign or symptom that could be indicating a serious health issue. Of that group, 73% said that COVID-19 has increased that worry.



65% worry about missing a vital sign or symptom.

73% of that group said COVID-19 has increased that worry.

ADVANTAGES

Fewer doctors' visits, better care



More than three-quarters (77%) would cut at least half of their annual visits to their doctor.

would physically visit their doctor's office less often, if they could share health information using a RPM device (compared to 48% in 2020).

73% 56%

had at least one telehealth visit over the course of the pandemic related to their chronic condition. Of that group, **75%** believe the quality and experience of their care would be better with a remote patient monitoring device.

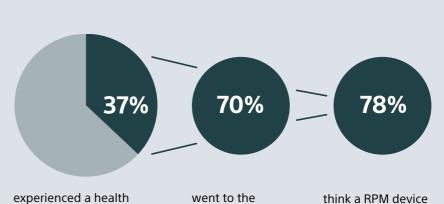
Avoidable health emergencies



More than one-third (37%) have experienced a health emergency from not properly managing their condition.

70% of those patients went to the emergency room.

78% of those felt that a remote patient monitoring device would have prevented their encounter with the emergency room.



experienced a health emergency.

emergency room.

would have prevented a visit to the ER.

About the survey

The survey was carried out in 2022 as a follow-up to our first survey in 2020 and involved 2,030 people in the U.S. managing a chronic health condition. Its objective was to better understand the level of adoption and consumer interest in specialized remote monitoring technology and how it could improve the management of chronic illnesses.